

Optimum Immunity  
means less  
**Flu & Colds\***



Start today with

Vitamin D Plus™

Rhodiola Pentas™

Oregano Comp™ • Cough Relief™

Elderberry Thyme Syrup™

Healthy Life Multi-Vitamins™

**NEW!**

*Increase your resistance with these  
clinically proven, doctor-designed  
formulas\**



**True Botanica®**  
supplements | remedies | cosmetics

*These new, innovative formulas will give a fresh boost to your immune system.*

Be prepared for whatever any season or situation will throw at you. Let these latest nutritional science insights help you stay in excellent health.

- ✓ **Vitamin D** is the most prevalent vitamin deficiency. People with excellent levels are less likely to get colds.
- ✓ **Rhodiola** helps to decrease sensitivity to outside cold weather.
- ✓ **Healthy Life Multi-Action Vitamins**<sup>™</sup> contains Resveratrol with its known immune enhancing properties.
- ✓ **Elderberry, oregano, ivy and blueberry** are special herbs well known to increase the immune system against viruses.



**Ask your health care provider about all our superior formulas\* for all your health needs.**

**1.800.315.TRUE • [www.truebotanica.com](http://www.truebotanica.com)**

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\* These statements have not been evaluated by the FDA.  
This product is not intended to diagnose, treat, cure, or prevent any disease.